



Knoxville Ballet School Uniform Requirements

Class Level	Uniform	
ABT/NTC Primary Levels (A, B, & C)	<u>Girls:</u> ABT01 Skirted Leotard Colors: Primary A: Candy Primary B: Lemon Primary C: White Pink child footed tights (dance wear only, please; avoid off-brand or discount tights) Pink canvas ballet shoes	<u>Boys:</u> ABT07 Cap Sleeve Leotard Color: White ABT08B Boys Shorts Color: Black Black canvas ballet shoes
ABT/NTC Level 1 (A and B)	<u>Girls:</u> ABT02 Child Leotard —Or— ABT02 Adult Leotard Color: Aqua Pink convertible tights Pink canvas ballet shoes	<u>Boys:</u> ABT07 Cap Sleeve Leotard Color: White ABT08B Boys Shorts Color: Black Black canvas ballet shoes
ABT/NTC Level 2 (A and B)	<u>Girls:</u> ABT02 Child Leotard —Or— ABT02 Adult Leotard Color: Lilac ABT03 Skirt Color: Lilac Pink convertible tights Pink canvas ballet shoes	<u>Boys:</u> ABT07 Cap Sleeve Leotard Color: White ABT08B Boys Shorts Color: Black Black canvas ballet shoes



International Dance Supplies Ltd. of Great Britain is the official outfitter for the American Ballet Theatre® National Training Curriculum. The Dancer's Den of Alcoa is the local supplier of Knoxville Ballet School's ABT/NTC uniforms. Melanie McCardel of The Dancer's Den may be reached at 865.980.2014; please call her to schedule a fitting for your child.

School Uniform Requirements, continued

Particulars:

SHOES: Effective Fall Term 2011 the shoe requirement is the same for all enrollees in children's classes at Knoxville Ballet School. Please have your child fitted in **split-sole canvas ballet shoes**; see Deb about sewing the elastics. If you are purchasing shoes online or from an outfitter besides the Dancer's Den in Alcoa, please ask Deb first about fitting variables.

Pointe shoe fittings are done by appointment at Knoxville Ballet School.

Please note: *Girls should avoid wearing underpants beneath tights, as they obscure the leg line and make for a sloppy appearance. Really. I mean it. Don't wear undies. Think of your leotard as you would a swimsuit.*

During the winter months leg warmers and a fitted ballet sweater or shrug may be worn for the first few minutes of class, until the muscles are warm. The ballet classroom is kept very warm during cold months.

Long hair should be worn in a kempt, secure, classical bun. Buns that fall out during class are a huge distraction—please use bobby pins instead of hair pins, and have your child shake her head vigorously to make sure the bun will stay in place.

Short hair that falls into the face should be swept back with barrettes or an elastic headband. Non-elastic headbands are acceptable if they stay in place during a forward bend.

Girls with pierced ears may wear small earrings to class. All other jewelry, including wristwatches, should be avoided.

Wearing perfume or cologne to ballet class is discouraged.

ALL STUDENTS MUST WEAR STREET CLOTHES OVER DANCE WEAR WHILE GOING TO AND FROM THE BUILDING.