



Knoxville Ballet School Staff

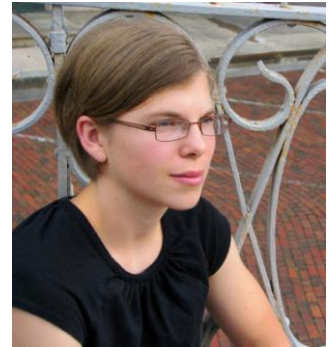


Jay Apking Pilates for the Young Dancer

Jay has been with BodyMind Balance since its inception in 1997 and is co-owner of BodyMind Balance, Inc. Currently a Power Pilates Teacher Trainer, Jay's training includes study at the original Pilates Guild and comprehensive certification with Power Pilates of New York City. His background also includes golf and theatre. He was a member of the golf team at the University of Tennessee, where he earned his undergraduate degree. He is also the director of The Janus Project, a theatre company he founded, focusing on children's theatre and education. Jay recently returned to his hometown of Knoxville and continues to teach Pilates at his new studio, Olympus Pilates.

Eva Holder Class Accompanist

Eva completed a master's degree in piano performance at the University of Tennessee (Knoxville) in May 2009, where she studied with Dr. David Northington. She is a Knoxville native who began piano lessons at age five with DeeAnn Symington, under whom she studied through high school. Miss Holder attended Bryan College (2001-2005) as a Presidential Scholar for her bachelor's degree in music, where she studied with Dr. Sigrid Luther. She won first place in the collegiate chapter of the Tennessee Music Teachers' Association solo piano competition her sophomore year. Since that time she has placed in other competitions and participated in a summer piano academy in Vienna, as well as performing collaborative recitals locally. Currently Eva teaches at Knox Music Studios in addition to accompanying ballet classes at KBS.



Kate Sivy Class Accompanist

Kate holds a master's degree in piano performance from Ohio State University where she studied with Caroline Hong, received the Piano Graduate Teaching Associate Award, and organized Ohio State University's first annual piano workshop. She also completed a bachelor's degree in piano performance from Geneva College under the instruction of Eugene Alcalay. For twelve years Kate has been teaching piano lessons to students of all ages ranging from beginner to advanced levels. She has adjudicated several competitions, and accompanied a variety of vocal and instrumental performers. She has held leadership positions in the Chattanooga Music Teachers' Association, and taught at both the Cadek Conservatory of Music in Chattanooga and the Bryan College Community Music School from 2005-2009. In addition to accompanying ballet classes at KBS, Kate is a piano instructor at Bryan College and the Cedar Springs Music Academy.



Deb Young School Director, Classical Ballet Instructor

Please go [here](#) for complete bio.

